



Outdoor activities liability & acknowledgment of risk

Risks - "The British Mountaineering Council recognises that climbing and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement."

In consideration of the services of Port Talbot Urban Adventure Centre, their agents, trustees, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "PTUAC"), I hereby agree to release and discharge PTUAC, on behalf of myself, my children, my parents, my heirs, assigns, personal representative, and estate as follows:

I acknowledge that outdoor adventure based recreational activities such as, but not limited to: rock climbing, bouldering, backpacking, canoeing, kayaking, hiking, scrambling, slack-lining, bush craft and beach activities entail known and unanticipated risks, which could result in physical or emotional injury, paralysis, death, or damage to myself, to property, or to third parties. I understand that such risk simply cannot be eliminated without jeopardising the essential qualities of the activity.

Risks include but are not limited to slips and falls while walking in rugged, hazardous terrain; severe weather and environmental conditions; hypothermia; accidental drowning; sprains, strains, joint dislocations, and broken bones; falling from high places; the negligence of other participants; and exposure to potentially harmful wildlife, insects, and plant life.

I hereby take full responsibility for these risks and understand that other risks may also exist. I take full responsibility for those risks.

I understand that my negligence may result in injury to another person or equipment. I take full responsibility and hold harmless PTUAC from any claims, demands, or causes of action which are associated with my negligence.

I expressly agree and promise to accept and assume all the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate despite the risks.

I confirm that it is my responsibility to fully read and understand activity descriptions provided by PTUAC, to follow instructions provided by the activity leader, and to safely use any safety equipment provided (e.g., climbing harness and helmet). If I do not fully understand the activity description, my responsibilities, or the risks involved, I will ask for clarification from PTUAC staff before beginning the activity. I will not participate in any PTUAC activities without a full understanding of the activity, its risks, and my responsibilities.

I hereby voluntarily release, forever discharge, and agree to indemnify, defend, and hold harmless PTUAC from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of PTUAC's equipment or facilities.

Should PTUAC or anyone acting on their behalf be required to incur attorney's fees or other costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.



I further certify that I have no medical or physical conditions, which could interfere with my safety in these activities, or else I am willing to assume, and bear the cost of, all risks that may be created, directly or indirectly, by such condition.

Our Duty of Care - The rules set out below **are not** intended to limit your enjoyment. They **are** part of the **duty of care** that we, as operators, owe to you, the customer, by law. As such they are **not negotiable** and if you are not prepared to abide by them then the staff must politely ask you to leave.

Your Duty of Care - You also have a duty of care to act responsibly towards the other users. Statements of 'Good Practice' are posted around the centre adjacent to the relevant facilities. These describe the accepted methods of use and how customers would normally be expected to behave towards each other.

RULES

General Safety

1. Report to PTUAC staff on each visit before you start an activity.
2. You must exercise care, common sense, and self-preservation always.
3. Report any problems with the equipment or other attendees' behaviour to a member of staff immediately.
4. Be aware of the other climbers around you and how your actions will affect them.
5. Do not distract people while they are climbing or belaying.
6. Stand well back unless you are belaying or spotting a climber. Never stand directly under someone who is climbing.

Top Roping

1. Anchors for top ropes in the outdoor environment will be placed and checked by PTUAC staff.
2. Do not attempt to place your own anchors.

When Belaying

1. Always use a belay device attached to your safety harness with a locking karabiner. 'Traditional', or 'body' belaying is not acceptable.
2. Any attachment points on the floor are provided to give support to people belaying a climber who is much heavier than they are. Direct belays from the attachment points on the floor are not acceptable.
3. Always pay attention to what the climber is doing.
4. Always stand as close to the climbing wall as is practical unless you are using an attachment point on the floor. Sitting or lying down are not acceptable.

When Climbing

1. Only climbing using a rope for protection is permitted. Solo climbing is not acceptable. Always use a rope to protect yourself.
2. Always use a safety harness to attach yourself to the rope.
3. Always tie the rope directly into the harness using a suitable climbing knot. Clipping in with a karabiner is not acceptable.

Saturday Climbing Club (and other coached climbing sessions)

1. Always follow instructions from instructors/staff (instructor decisions are final).
2. Respect equipment and use only as instructed.
3. Return all equipment after use for correct storage.
4. Respect other climbers
5. Independent climbing during coached sessions is not permitted.